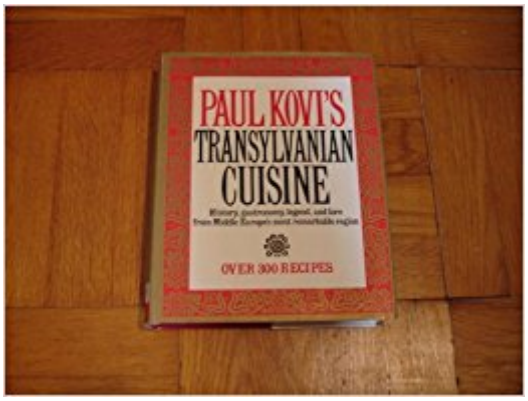
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Paul Kovi's Transylvanian Cuisine: History, Gastronomy, Legend, And Lore From Middle Europe's Most Remarkable Region, Over 300 Recipes



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Book Information

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Customer Reviews

Text: English, Hungarian (translation)

I purchased this book on the strength of bad reviews from other buyers. My interest lies in more historical cuisine of Transylvania rather than up-to-date cuisine. At least one reviewer complained about wasting space on historical recipes such as one for stuffed bear’s feet. (Yes, it’s in the book, and is a clear descendant of one of Rumpolt’s 16th c. recipes.) Since this is exactly what I wanted, the book was perfect for my needs.The book has more than just the recipes. There are a lot of sideline essays from other writers on the gastronomic history of different regions and ethnicities of Transylvania, including the Rumanians, the Saxons, the Jews (and Sabbatarians), and Armenians. Additional essays cover the native spices and wines.All in all, an excellent book, but this isn’t the modern cookbook some people expect. Know what you’re buying before you buy.

Paul Kovi has lovingly created an important record of the food and traditions of Transylvania. The book records a time when Transylvania was a place of diverse cultures and unique traditions. Forced migration, ethnic cleansing and new national borders, after World War two, may have changed this for ever and that is why this book is so valuable.However the book is not just an historical record. There are many dishes I want to cook and many more I wish I could cook.The combination of history, poetry and recipes is wonderful.

Great essays about history of this fascinating cuisine!

It was an Interesting read for a novice on Transylvanian cuisine, but enjoyable with throws of poetry inbetween

Absolutely love it.

It was what i expected.thank you

good service; no problems

Old but still relevant

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